



Lessons for a Lifetime *Developing Resilience in Children and Adolescents*

Presented by:
Nadja Reilly, Ph.D
Director of Swendsrud Depression Prevention Initiative
Children's Hospital Boston

March 23, 2010
9:00-10:30 AM

Join us to learn:

- What do we really mean when we talk about resilience? What does it look like?
- How does this ability to handle adversity help children and adolescents develop emotionally and relationally?

9:00-9:20 AM: Welcome and Coffee
9:20-9:30 AM: Introduction & Youth Health Connection Upcoming events
Barbara Green, Ph.D.
Medical Director
9:30-10:30 AM: *Lessons for a Lifetime*
Nadja Reilly, Ph.D.
Director Swendsrud Depression Prevention Initiative

Event Location:
Church of the Resurrection
Lower Level
1057 Main St.
Hingham MA

Registration is required and space is limited for this free program,
Call Karin Farrell at 781-794-7849 or via karin_farrell@sshosp.org

